

Regina AA Meetings

Sunday

9:00am - Sunday @ 9 Group ☒
Ramada Hotel -1818 Victoria Avenue
10:00am - Sunrise Breakfast Group ☒
Eureka Club, 1165 Pasqua Street
11:00am - Fellowship Group (Open Mtg)
2710 – 10th Avenue (basement of white row house) *Smoking
11:00am – Meeting in the Park (Open)
CNIB Building 2540 Broad St
Wascana Park beside the totem pole-June 1
7:30pm - Northside Group ☒
St. Peter's Church, 100 Argyle Street North
(Open Meeting last Sunday of the month)
7:30pm - Vista Group
Canadian Martyrs Church, 1932-1st Ave. N.
8:00pm – New Hope Group (Open) ☒
Cathedral Neighbourhood Centre, 2900 – 13th Avenue (upstairs)

Monday

7:00am - Monday Breakfast Group ☒
7 Oaks Hotel, 777 Albert Street
12:00pm – AA for Women ☒
Sunset United Church, 177 Sunset Drive
12:00pm - Acceptance is the Answer ☒
Eureka Club, 1165 Pasqua Street
12 Noon – Happy Hour Group ☒
St. Paul's Cathedral, 1859 McIntyre St.
12 Noon - Out to Lunch Bunch ☒
7 Oaks Hotel, 777 Albert Street
12:10pm - Noon East Side (Open)
Holy Child Church, 2636 7th Avenue East
8:00pm - Harmony Group ☒
Living Spirit Centre, 3018 Doan Drive
8:00pm – Hero AA Group
Grace Presbyterian Church, 3717 Hill Ave
8:00pm - Massey Road Group ☒
Whitmore Park United Church
336 Durham Drive
8:00pm - Novalco Group (Step Series)
Our Savior's Lutheran Church, 190 Massey Road (parking lot door)
8:00pm - South Hillsdale Group ☒
Wesley United Church, 3913 Hillsdale St.
8:00pm - 12 Steps to Recovery Group
Mount Olive Lutheran, 2015 4th Ave. N.
8:30pm - Fellowship Group
2710 – 10th Avenue (basement of white row house) *Smoking

Tuesday

12:00pm - Acceptance is the Answer ☒
Eureka Club, 1165 Pasqua Street
12 Noon - No Name Group ☒
St. Paul's Parish Hall, 1859 McIntyre St
3:00pm – Healing Spirits Group ☒
Red Ribbon Place, 2735 5th Avenue
7:00pm - Jo-Cor Group
Regina Correctional Centre (Guests must be cleared, please contact the AA Office for more information)
7:00pm - Westview Dual Diagnosis
#2-2119 Osler Street (Ring buzzer #3 for access)
7:30pm - Nu-Life Group
First Presbyterian Church, 2170 Albert St
7:30pm - Walsh Acres Group
Faith Lutheran Church, 370 McIntosh Street North (use North East door).
7:30pm – Fresh Start Youth Group
Wascana Rehabilitation Centre
Meeting Room 5 (By the Cafeteria) June 1

8:00pm - Home Away from Home 12x12 ☒
Cathedral Neighbourhood Centre, 2900 13th Avenue (upstairs) *Door is locked at 8:10pm
8:00pm - Last Chance Group (Open) ☒
Christ Lutheran Church, 4825 Dewdney Avenue (back door, downstairs)
8:00pm - Pasqua Group ☒
Grace Mennonite Church, 2935 Pasqua St.
8:30pm - Four Aces Group (Open)
Indian Métis Christian Fellowship Building, 3131 Dewdney Avenue

Wednesday

7:00am - Wednesday Breakfast ☒
Knox Metropolitan Church, 2340 Victoria
12:00pm - Acceptance is the Answer ☒
Eureka Club, 1165 Pasqua Street
12 Noon – Happy Hour Group ☒
St. Paul's Cathedral, 1859 McIntyre Street
12 Noon - Out to Lunch Bunch ☒
7 Oaks Hotel, 777 Albert Street
7:30pm - 449 Group ☒ (Open Meeting)
Wascana Rehabilitation Centre, 2180 23rd Avenue (2nd floor, Room 5)
8:00pm - Heartview Group ☒
Little Flower Church, 420 College Avenue
Open Meeting 4th Wednesday of Month
8:00pm – Red Road Group
1355 Albert Street (SWAP-back door)
8:00pm - Novalco Group
Our Savior's Lutheran Church, 190 Massey Road (parking lot door)
8:00pm - One Way Group
St. Mary's Anglican Church, Montague Street & 15th Avenue (ring bell, door locked)

Thursday

12:00pm - Acceptance is the Answer ☒
Eureka Club, 1165 Pasqua Street
12 Noon - No Name Group ☒
St. Paul's Parish Hall 1859 McIntyre St.
8:00pm - Free Speech Group
Holy Child Church, 2636 7th Avenue East
Open Meeting last Thursday of the month
8:00pm - Northern Lights Group ☒
Apostles Lutheran Church
70 McNaughton Ave.
8:30pm - Fellowship Group
2710 – 10th Avenue (basement of white row house) *Smoking

Friday

7:00am - Friday Breakfast ☒ (Open)
Seven Oaks Hotel, 777 Albert Street
7:00am - Gratitude Group ☒
Knox Metropolitan Church, 2340 Victoria Ave (use Victoria Avenue entrance)
12 Noon - Friday Eureka Luncheon ☒
Eureka Club, 1165 Pasqua Street
12 Noon - Out to Lunch Bunch ☒
7 Oaks Hotel, 777 Albert Street
7:30pm - Big Book Focus Group ☒
Wascana Rehabilitation Centre, 2180 – 23rd Avenue (2nd floor, Room 5) Open meeting 1st Friday of the month
7:30pm - Fireside Group
Broadway United Church, 105 Broadway Avenue (back door)
7:30pm - Nu-Life Group
First Presbyterian Church, Albert Street & 14th Avenue (side door) Open Meeting last Friday of the month

7:30pm – Women's AA Group
St. James United Church, 4506 Sherwood Drive (BYOB - Bring Your Own Beverage)
8:30pm - MACSI House (Open Meeting)
Métis Addictions Council of Saskatchewan, 329 College Ave. East – Everyone welcome
9:00pm - North Gate Group (Open) ☒
Zion United Church, 120 Broad Street

Saturday

9:00am - Saturday at 9 Group ☒
Eureka Club, 1165 Pasqua Street
10:00am - The 43rd Group
Knox Metropolitan Church, 2340 Victoria Ave (use Victoria Avenue entrance)
Open Meeting last Saturday of month
7:30pm - Nor-West Group ☒
St. James United Church 4506 Sherwood Dr
Open Mixed Meeting on the last Saturday of the month with Al-Anon
8:30pm – Healthy Hearts Group
2710-10th Avenue (basement of white row house) *Smoking

***All meetings are closed unless otherwise indicated**

*** All meetings are non-smoking unless otherwise indicated**

Regina AA Office:
#312-845 Broad Street
Regina, SK S4R 8G9
Hours:
Monday, Wednesday
and Friday
12:00pm – 5:00pm
Closed Statutory Holidays
Phone:
(306)545-9300
E-mail:
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Web-site:
www.aaregina.com
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