



Heart to Heart



Tradition 7

October 2008

Responsibility Declaration

I am responsible. When anyone, anywhere, reaches out for HELP, I want the hand of AA always to be there. And for that: I am responsible.

Please read and pass around

Regina AA Intergroup

THIS ISSUE: "BIRTHDAYS", "ROUND-UPS", "BASIS OF ROTATION"

REGINA AA INTERGROUP OFFICE

#312 – 845 Broad Street
Broad Street Business Centre

OFFICE HOURS:

Monday, Wednesday & Friday
12:00 p. m. – 5.00 p. m.
Closed Statutory Holidays

**24 Hour Answering Service:
(306) 545-9300**

E-mail: a.a@sasktel.net

Go to: www.aaregina.com

ROUND-UPS

ST. LOUIS 22nd ANNUAL AA ROUND-UP

October 11, 2008

St. Louis Hall, 179 3rd Street
Call Regina Central Office at 545-9300 during
office hours for more information.
E-mail: saskroundups@hotmail.com

FISHING LAKE AA FALL ROUND-UP

October 25, 2008

Kuroki Community Hall
Call Regina Central Office at 545-9300 during
office hours for more information.
E-mail: saskroundups@hotmail.com

BIRTHDAYS

NU-LIFE GROUP

Lem B.	October 11	32 years
Walt P.	October 9	32 years

43rd GROUP

Brian P.	October 15	18 years
Jan S.	October 26	25 years

ONE WAY GROUP

Ron W.	October 16	20 years
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All birthday submissions may be sent to
Central Office by the 20th of the month by
e-mailing a.a@sasktel.net or by calling
545-9300 during office hours.

MOOSE JAW & DISTRICT AA FAMILY ROUND UP

November 14, 15, 16, 2008

Heritage Inn
1590 Main Street North
Call Regina Central Office at 545-9300 during
office hours for more information.

CONTRIBUTORS TO INTERGROUP

Bethune Group
Free Speech Group

THANK YOU

THE BASIS OF ROTATION IN A. A.

In checking a dictionary meaning of rotation, it said 1) *turn around an axis or central part; revolve* 2) *arrange or deal with in a current series* 3) *take turns, be used in turn (the crew rotates every three weeks).*

The long form of Tradition Nine says: *Each group needs the least possible organization. Rotation of leadership is the best. The small group may elect its secretary; the large group, its rotating committee; and groups of a large metropolitan area, their Central or Intergroup Committee, which often employs a full time secretary. The trustees of the General Service Board are in effect, our A. A. General Service Committee. They are the custodians of our A. A. Tradition and the receivers of voluntary A. A. contributions by which we maintain our overall public relations and they guarantee the integrity of our principal newspaper, the A. A. Grapevine. All such representatives are to be guided in the spirit of service, for true leaders in A. A. are but trusted and experienced servants of the whole. They derive no real authority from their titles; they do not govern. Universal respect is the key to their usefulness.*

It is closing in on the end of another year and often the end of a service position within the Home Group. For groups who have business meetings, whether regularly scheduled or periodic, it is time to move on (rotate) and give someone else an opportunity to benefit from the experience of serving.

In the pamphlet *Twelve Traditions Illustrated*, Tradition Two states: *For our group purpose there is but one authority...a loving God as He may express Himself in our group conscience. Our leadership are but trusted servants...they do not govern.*

A. A. is both a democracy and, in Bill W.'s words "a benign anarchy". A group elects its own officers - who have no power to order anybody to do anything. In most groups, most of the slate rotates out of office at the end of six months and new officers are elected. If the group wants to be part of the A. A. service structure, it elects a G. S. R. (General Service Representative, with a two year term). G. S. R.'s elect area committee members and then join them in electing a delegate from their area to the annual General Service Conference. The conference is the closest approximation of

a government that A. A. has; it produces opinions on important matters of policy; it approves the choice of some trustee nominees of the General Service Board and directly elects others. But neither the conference nor the board can give orders to any A. A. group or member.

Then who's in charge around here? A. A. is a spiritual movement, and so the "ultimate authority" is the spiritual concept of the "group conscience". Its voice is heard when a well-informed group gathers to arrive at a decision. The result rests on more than arithmetic, a "yes" and "no" count. Minority ideas get thoughtful attention. What about the annoying character who's always sure she's right? Better listen - maybe, just this once, she is right. If she's wrong, then she will - if she remembers the First Tradition as well as the Second - go along with the decision of the group conscience. Does this notion seem too cloudy? Let's think back to our first meetings. The presence we newcomers felt in those rooms was the same as the group conscience. And it was real - welcoming us in, setting up no barriers of rules...

From our pamphlet: *The A. A. Group*, it says: *Traditionally, rotation keeps A. A. members from becoming frozen in office. It also ensures that group tasks, like nearly everything else in A. A., are passed around for all to share. Upon election, or vacancy of an office, many groups have alternates or assistants to each trusted servant who can step into the service positions they have been trained for, while other members fill the alternate slots just vacated.*

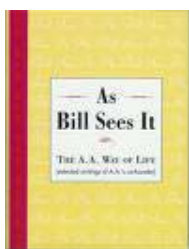
To step out of an A. A. office you love can be hard. If you have been doing a good job, if you honestly don't see anyone else around willing, qualified, or with the time to do it, and if your friends agree, it's especially tough. But it can be a real step forward in growth - a step into the humility that is the essence of anonymity.

Among other things, anonymity in the Fellowship means that we forgo personal prestige for any A. A. work we do to help alcoholics. And, in the spirit of Tradition Twelve, it reminds us "to place principles before personalities."

Rotation helps to bring us spiritual rewards far more enduring than any fame. With no A. A. "status" at stake we needn't compete for titles or praise – we have complete freedom to serve as we are needed.

Submitted anonymously

HAVE YOU READ? HAVE YOU READ?



AS BILL SEES IT

\$11 (Hard-cover)

\$10.25 (Soft-cover)

This collection of Bill's writings is a daily source of comfort and inspiration.

This title and many others are available at Regina Central Office. We also carry VHS tapes, audio CDs, posters, wallet cards, and pamphlets. If you wish to purchase literature please call the office (545-9300) during office hours or stop by (#312-845 Broad Street). We accept cash, cheque, or money order as a method of payment.

Thank you for your support!



Check us out on the web at
www.aaregina.com

Heart to Heart is the newsletter voice of Regina area AA. It is published by Regina Intergroup as a service to the AA community. It uses the basic intent of the AA Grapevine policy and mission statement as its editorial policy. Its intent is to enhance an already strong recovery community by providing a vehicle for sharing the combined recovery messages and our experiences, strengths and hopes. You and your group can contribute to its financial survival through your group and tax deductible donations to Regina AA Intergroup Office. *Any of the articles in this publication are the opinion of the writers and do not necessarily reflect official AA position.*

MEETINGS MEETINGS

SATURDAY NIGHT LIVE MEETING CLOSED

The Saturday Night Live 8:30 pm Meeting previously held at Knox Metropolitan Church is looking for a new location and is inactive until further notice.

AREA 91 VOTING ASSEMBLY

October 18-19, 2008

St. Peter's Abby, Muenster, SK

Guest Vic P. from Alberta, our new Western Canada Regional Trustee will be the guest speaker on Saturday night and will chair our elections.

Call Regina Central Office at 545-9300 during office hours for more information.

SERVICE MEETINGS

Intergroup Meeting

1st Wednesday of the month
7:30 pm at St. Paul's Cathedral
1861 McIntyre Street

Districts 15, 17 & 18 Meetings

2nd Wednesday of the month
7:30 pm at Mount Olive Lutheran Church
2015 4th Avenue North

Intergroup Office Committee Meeting

Last Wednesday of the month
7:30 pm at Central Office
#312 – 845 Broad Street

All AA members are welcome at service meetings. Come out and see how the program functions, get involved and try out a service position. You might be surprised at what you can do, and at what WE can do together.



AA REGINA & AREA
DISTRICTS 15, 17 & 18
PRESENT the
34th ANNUAL



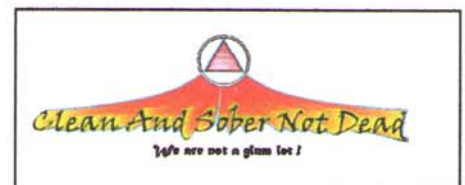
GRATITUDE NIGHT

GRATITUDE IS SERVICE

SATURDAY, NOV. 1, 2008
ST. MARY'S PARISH HALL
2020 WINNIPEG ST. REGINA
TICKETS \$20.00

DEADLINE FOR TICKETS - OCTOBER 25th
TICKETS NOT AVAILABLE AT THE DOOR

2:00 PM: Afternoon program: Leadership in AA
5:00 PM: Banquet Room Doors Open
5:45 PM: Banquet
7:15 PM: General Service Speaker
7:30 PM: Al-Anon Speaker: Marg S. - Grandora, Sk
8:30 PM: AA Speaker: John F. - Colonsay, Sk



Tickets available from your group's GSR or
AA Central Office - 545-9300