



Heart to Heart



Tradition 7

January 2009

Responsibility Declaration

I am responsible. When anyone, anywhere, reaches out for HELP, I want the hand of AA always to be there. And for that: I am responsible.

Please read and pass around

Regina AA Intergroup

This Issue: Birthdays---Area 91---Round-Ups

REGINA AA INTERGROUP OFFICE

#312 – 845 Broad Street
Broad Street Business Centre

OFFICE HOURS:

Monday, Wednesday & Friday
12:00 p. m. – 5.00 p. m.
Closed Statutory Holidays

24 Hour Answering Service:
(306) 545-9300

E-mail: a.a@sasktel.net
Web-site: www.aaregina.com

HAPPY NEW YEAR

AREA 91 AND REGINA DISTRICTS 2009 POSITIONS

DCM #15 – Debbie B.
Alternate DCM #15 – Vacant
Treasurer – Rob H.
Secretary – Pam L.

DCM #17 – Zoe B.
Alternate DCM #17 – Joan M.
Treasurer – Dustin R.
Secretary – Jack C.

DCM #18 – Chris S.
Alternate DCM #18 – Vacant
Treasurer – Daryl M.
Secretary Martine P.

Area 91
Delegate – Irma V.
Chair – Greg N.
Secretary – Diana S.
Treasurer – Kim S.
Area 91 Webmaster – Colin P.

AREA 91 WEB-SITE

The new Area 91 web-site is up and running.
Check it out at www.aasask.org

Birthdays

43rd Group

Darren M.	February 1	4 years
Donna H.	February 1	18 years

All birthday submissions may be sent to Central Office by e-mailing a.a@sasktel.net or by calling 545-9300 during office hours.

CONTRIBUTORS TO INTERGROUP

No Name Group	449 Group
Last Chance Group	

THANK YOU

Step 12

12 STEP VOLUNTEERS

Please consider signing up to be on the 12 Step Call List. Becoming a 12 Step volunteer offers you the opportunity to help an alcoholic who still suffers. The simple gift of answering a phone call could make the difference for someone in despair learning there is a way for recovery, that they are not alone. Please call (545-9300 during office hours) or e-mail (a.a@sasktel.net) the office to add your name to the list today!

We're on the web at
www.aaregina.com

SERVICE MEETINGS

Intergroup Meeting

1st Wednesday of the month
7:30 pm at St. Paul's Cathedral
1861 McIntyre Street

Districts 15, 17 & 18 Meetings

2nd Wednesday of the month
7:30 pm at Mount Olive Lutheran Church
2015 4th Avenue North

Intergroup Office Committee Meeting

Last Wednesday of the month
7:30 pm at Central Office
#312 - 845 Broad Street

All AA members are welcome at service meetings. Come out and see how the program functions, get involved and try out a service position. You might be surprised at what you can do, and at what WE can do together.

Heart to Heart is the newsletter voice of Regina area AA. It is published by Regina Intergroup as a service to the AA community. It uses the basic intent of the AA Grapevine policy and mission statement as its editorial policy. Its intent is to enhance an already strong recovery community by providing a vehicle for sharing the combined recovery messages and our experiences, strengths and hopes. You and your group can contribute to its financial survival through your group and tax deductible donations to Regina AA Intergroup Office. *Any of the articles in this publication are the opinion of the writers and do not necessarily reflect official AA position.*

Round-Ups

Southey/Cupar AA & Al-Anon

Round-Up

January 24, 2009

Southey Memorial Hall

Registration: 1:00 pm

For details, please call Central Office at 545-9300 during office hours

Humboldt AA & Al-Anon Round-Up

February 14, 2009

Legion Hall, 324 Main Street, Humboldt

Registration: 12:30pm

For details, please call Central Office at 545-9300 during office hours

Saskatoon & Area AA Intergroup Round-Up

(with Al-Anon participation)

February 20-22, 2009

Travelodge Hotel, Saskatoon

For details, please call Saskatoon Central Office at 665-6727

THE HEART TO HEART NEEDS YOU!

The H2H is always looking for stories to include in the newsletter every month. If you would like to submit a story or your experience with the 12 Steps or 12 Traditions or anything else relating to alcohol, please email them to Central Office at a.a@sasktel.net or drop them off at the office during office hours.