



Heart to Heart



Tradition 7

August 2008

Responsibility Declaration

I am responsible. When anyone, anywhere, reaches out for HELP, I want the hand of AA always to be there. And for that: I am responsible.

Please read and pass around

Regina AA Intergroup

THIS ISSUE: "BIRTHDAYS", "MEETINGS", "ROUND-UPS", "SERVICE"

REGINA AA INTERGROUP OFFICE

**#312 – 845 Broad Street
Broad Street Business Centre**

OFFICE HOURS:

Monday, Wednesday & Friday

12:00 p. m. – 5.00 p. m.

Closed Statutory Holidays

24 Hour Answering Service:

(306) 545-9300

E-mail: a.a@sasktel.net

Go to: www.aaregina.com

MEETINGS MEETINGS

SUMMER OUTDOOR MEETING (OPEN)

***Continuing until further notice**

Sundays at 11:00am in Wascana Park

(At the Totem Pole, east of Hill Avenue and Albert Street, just south of the Walter Scott Building).

ROLLING HOME MEETING

Monday – Friday at the Eureka Club is currently inactive

BIRTHDAYS BIRTHDAYS

NU-LIFE GROUP

Rod A.	August 18	22 years
Mark S.	August 27	20 years
Caroline L.	September 4	1 year

HOME AWAY FROM HOME 12x12 GROUP

Joan M.	August 22	16 years
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43rd GROUP

BASIL S.	August 28	11 years
JOE G.	August 28	26 years

All birthday submissions may be sent to Central Office by the 20th of the month at a.a@sasktel.net or by calling 545-9300 during office hours.

ROUND-UPS ROUND-UPS

28th ANNUAL PIKE LAKE DELISLE ROUND-UP

August 15 – 17, 2008

Pike Lake Provincial Park

(20 km southwest of Saskatoon)

Call Central Office at 545-9300 during office hours for more information.

ESTEVAN AA & AL-ANON FAMILY ROUND-UP

September 27, 2008

St. Paul's United Church Auditorium

Call Central Office at 545-9300 during office hours for more information.

JUNE/JULY INTERGROUP CONTRIBUTORS

Hero Group Northside Group

449 Group

THANK YOU

SERVICE SERVICE

VOLUNTEERS NEEDED...

for the Gratitude Night Committee. Please contact Central Office by e-mail at a.a@sasktel.net or call 545-9300 during office hours for information.

VOLUNTEERS ALSO NEEDED...

for Corrections - to attend a meeting every other week at Regina Correctional Center.

Meetings are at 7:00 pm on Tuesday or Wednesday. Usual attendance is between 15 and 20, and meetings are greatly appreciated by those in attendance Please call 545-9300 during office hours for information.

INTERGROUP POSITIONS AVAILABLE:

Intergroup Chair
Treatment Facilities Chair
Newsletter Editor
Speaker's Meeting Chair
Alcathon Chair

If you are interested in learning more, please contact Central Office by e-mail at a.a@sasktel.net or call 545-9300 during office hours.

LABOUR DAY WEEKEND OFFICE HOURS

Please note that Central Office will be closed on Friday, August 29th and Monday, September 1st for Labour Day.

Heart to Heart is the newsletter voice of Regina area AA. It is published by Regina Intergroup as a service to the AA community. It uses the basic intent of the AA Grapevine policy and mission statement as its editorial policy. Its intent is to enhance an already strong recovery community by providing a vehicle for sharing the combined recovery messages and our experiences, strengths and hopes. You and your group can contribute to its financial survival through your group and tax deductible donations to Regina AA Intergroup Office. *Any of the articles in this publication are the opinion of the writers and do not necessarily reflect official AA position.*

EIGHT EIGHT

STEP 8

Made a list of all persons we had harmed, and became willing to make amends to them all.

TRADITION 8

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

(reprinted from *Alcoholics Anonymous*, pages 59 & 76 with the permission of A. A. World Services, Inc.)

SERVICE MEETINGS

Intergroup Meeting

1st Wednesday of the month
7:30 pm at St. Paul's Cathedral
1861 McIntyre Street

Districts 15, 17 & 18 Meetings

2nd Wednesday of the month
7:30 pm at Mount Olive Lutheran Church
2015 4th Avenue North

Intergroup Office Committee Meeting

Last Wednesday of the month
7:30 pm at Central Office
#312 - 845 Broad Street

All A. A. members are welcome at service meetings. Come out and see how the program functions, get involved and try out a service position. You might be surprised at what you can do, and at what WE can do together.